ALZHEIMER’S COMMUNITY CARE

KEEP CALM & CARRY ON
becoming better, stronger, and more innovative.
PAGE 6

NEW SEASON NEW CHALLENGES

Included in this issue
alzcare.org/toolbox

FALL 2020
WHERE THERE IS HELP, THERE IS HOPE.

Unfortunately, the COVID-19 Pandemic is behaving like the scientists thought, unpredictable but advancing. We immediately took serious steps to protect our patients and staff. Once we realized it could affect our families, neighborhoods, and home, our Frontline Staff and Leadership within the Organization were already focused on flu season protocols, so the additional precautions recommended by the Center for Disease Control were executed easily. These measures included:

- Purchasing 6 ft. tables because of the limitations that 6 ft. social distancing imparted on attendance; and,
- Taking temperatures upon entry into the Specialized Day Service (SDS) Centers daily; and,
- Sanitizing and disinfecting surfaces more frequently; and,
- Training staff on the disease’s effects on patients and caregivers; and,
- Providing educational materials for families on how to cope with this new pandemic and all precautionary measures that may be considered for the home.

As a leader and a recognized essential-service provider during crises such as hurricanes and now a pandemic, we could not provide these life saving services if it were not for our staff, the Board of Directors, donors and supporters such as the United Ways, our local County Commissioners, Florida Department of Elder Affairs, State Legislators and yes, all of you reading this magazine.

During such trying times, a bright star emerges; within these pages of the magazine is an article on the Shepherd’s Quilt Team. These self-effacing, generous, and compassionate women come together every Saturday morning and magically create marvelous quilts. These ambassadors of goodwill have generously donated these works of art since 2017 to nearly 900 of our caregivers and patients. With a smile on their faces and words of kindness unconsciously spoken as they share with one another the meaning of a generous life when helping others, which they do with elegance, grace and always, with humility. These are our friends, and they are truly special.

We know many families and the community needs us. Our promise thrives because your continued support makes our efforts possible and for that we are eternally grateful for the opportunity to help others.

Sincerely,

Robert J. Gorman, Esq.  Mary M. Barnes
Chair of the Board of Directors  President & CEO
Brain Time is a series of activity and coloring pages designed to engage the patient living with Alzheimer’s disease or another form of dementia. The pages range in difficulty from Relaxing to Challenging and can be done alone or with someone.

This July a local Foundation contacted us to identify seven families that we serve who were struggling financially.
Thank You!

Pilot Club of Fort Pierce

For 16 years, the Pilot Club of Fort Pierce has hosted the Birdies for Bracelets Golf Tournament. They have raised close to $50,000 for the ID Locator bracelets for families of St. Lucie County living with dementia who are at-risk for wandering.

With a 100% safe return rate, partners like the Pilot Club keep HOPE alive for our families.
SPONSOR SPOTLIGHT

We are grateful for the incredibly generous support that Marshalls shows us each year. Tracey McPhillips and her team are great friends to our Organization and thanks to their dedication, we provide hope to our patients and families.

Thank You!

Thank You

Cleveland Clinic Martin Health

for bringing hope year after year through the support of Alzheimer’s Community Care

Cleveland Clinic

Martin Health
These well-known phrases have been repeated many times, by many people this year. So far, 2020 has been a year where we needed these words of encouragement. From the pandemic to activism, we have seen more in one year than we could have imagined. We, indeed, find ourselves in the most interesting of times. But, it is in times like these that we can choose to carry on by becoming better, stronger, and more innovative.

As an essential service provider, when the pandemic shut down life as we know it, we remained open. How? We actually, “kept calm and carried on”. Because the pandemic struck in the midst of flu season, we already had in place: temperature checks, sanitizing, and symptom monitoring. So, it was simply a matter of carrying on with the same practices and adding a few new procedures, such as physical distancing and masking to keep our patients and families safe.
We quickly became **better** for our families by making frequent phone calls instead of visits, keeping visitors out of the day centers and sending office staff home to work remotely. Under the pillars of safety and security, we never once considered NOT being there for our families.

We became **stronger** by validating our “essential service” status, being there for our caregivers on the frontline and keeping the support system in place for all our families. Alzheimer’s disease didn’t take a break because there were more pressing issues. Caregiving didn’t take a break, so neither did we. Our safety net of services continued, uninterrupted by COVID-19.

We became **innovative** as we rearranged Day Centers to follow CDC Guidelines and coordinated virtual visitors and therapy in place of our in-person events. New seating arrangements, staggered mealtimes and strict sanitizing guidelines were all innovative ways to continue to provide the help and hope our families depend upon.

We don’t know for sure when “this too shall pass” or if it is time to say, “don’t worry be happy”, but we certainly know that we have and will continue to “keep calm and carry on”. **Our families depend upon it.**

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**WHY WE DO:**

“Thank you for staying open. I don’t know what I would have done without you.”

– Family Caregiver

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**WHY WE DO...**

When we decided to “Keep Calm and Carry On”, it wasn’t a quick, reactionary decision. We knew we **COULD** stay open, so we addressed the question of “**SHOULD** we stay open?”.

Ultimately the “Why We Do” question came down to the following:

1. We know how to keep our patients safe and following the CDC guidelines only required a few additions to our already rigorous sanitation procedures.
2. All our patients will still need us, regardless of what is going on in the world around them. Alzheimer’s disease doesn’t take a break, so why should we?
3. All of our caregivers will still need us, particularly those working on the frontlines. And could we really place the added burden on them to take away up to 40 hours a week in care for their loved one?
4. Our patients and families will always be first and foremost.
5. Help and hope are here and it is who we are.

As one caregiver said with tears in his eyes, “I don’t know what I would have done without you these last few months. Thank you for staying open and taking care of my beautiful wife.”

Our families are Why We Do What We Do.
Karen L. Gilbert serves as Vice President of Education and Quality Assurance for Alzheimer’s Community Care.

Karen Gilbert earned her Doctor of Nursing Practice degree from Palm Beach Atlantic University. Karen received her Bachelor of Science degree from the State University of New York, Downstate Medical Center, and she holds a Master of Science degree in Health and Human Services from Nova Southeastern University in Fort Lauderdale.

Karen holds Certification in Alzheimer’s disease training from the Florida Department of Elder Affairs as well as designation as a Certified Dementia Practitioner from the National Council of Certified Dementia Practitioners. Karen was recognized as the 2017 Palm Beach County Medical Society Hero in Medicine Award for Education.

Q

MY WIFE ATTENDS ONE OF YOUR DAY CENTERS. BECAUSE OF COVID-19 SEVERAL OF HER FRIENDS ARE UNABLE TO ATTEND. THIS UPSET HER AND I DON’T KNOW WHAT TO TELL HER SINCE SHE DOESN’T UNDERSTAND THE PANDEMIC. CAN YOU OFFER SUGGESTIONS TO EASE HER CONCERNS?

A

We know well that patients with Alzheimer’s disease or a related neurocognitive disorder thrive on routines which foster a sense of calm and control. Certainly, missing some of her friends in the day center is an illustration of such a disruption to your wife’s routines. COVID-19 has also forced additional changes, such as new seating arrangements within the day center to accomplish safe physical distancing, and the canceling of visitors, including music therapists and our nursing students.

With these thoughts in mind, we suggest focusing on those activities that will restore as much of this sense of control as possible. Recognizing her unique skills and interests and emphasizing remaining skills will help to redirect her to purposeful activities and inspire that sense of accomplishment and control.

Your Day Center team can keep you advised of how activities engage your wife and which activities in particular bring the biggest smiles!

Q

MY FATHER HAS ALZHEIMER’S DISEASE. WHEN WE GO OUT, HE REFUSES TO WEAR A MASK AND IS CONFUSED THAT I AND OTHERS WEAR ONE. I FEAR FOR HIS SAFETY AND HEALTH BUT STAYING HOME IS NOT AN OPTION. WHAT DO YOU SUGGEST?

A

Many patients with Alzheimer’s disease resist wearing a mask. With impaired short-term memory and inability to appreciate the importance of masks, they may repeatedly touch or remove the mask. Anything that promotes repeated touching of the face increases risk of infection.

Remaining at home as much as possible is one of our best preventive practices during this pandemic. Your father’s confusion about others wearing masks reinforces that his comfort level will be optimal if he remains at home.

We suggest making arrangements to keep your father safely at home as much as possible. One family member remaining with him or engaging the services of a home health agency is preferable to trying to safely take him out in the community. If your father must leave the home with you, strict adherence to six foot or more physical distancing from others will be helpful in minimizing risk of COVID-19 infection.

If you have a question concerning Alzheimer’s disease or a related neurocognitive disorder that you would like Dr. Gilbert to address in our next issue, please send an email to kgilbert@alzcare.org
What is BRAIN TIME?

Brain Time is a series of activity and coloring pages designed to engage the patient living with Alzheimer’s disease or another form of dementia. The pages range in difficulty from Relaxing to Challenging and can be done alone or with someone. Colored pencils work best for this activity as they are easy to hold, not messy, and can color in fine lines. The activity level is listed on the bottom of each page.

BRAIN TIME is included in Alzheimer’s Community Care’s CAREGIVER TOOLBOX.

For more information, contact us today 

(561) 683-2700 
www.alzcare.org/toolbox 
info@alzcare.org
WHAT IS YOUR FAVORITE COLOR? ____________________

WHAT IS YOUR FAVORITE ANIMAL? ____________________

BEACH OR THE MOUNTAINS? ____________________

WHAT WAS YOUR FIRST PET? ____________________

WHAT IS YOUR FAVORITE ICE CREAM FLAVOR? ____________________

WHAT IS YOUR FAVORITE BOOK? ____________________

THIS IS YOUR LIFE is specifically designed for reminiscing and is good for creating comfortable conversation. While your loved one might not be able to remember what they had for lunch, they are very likely to remember their wedding day, the name of a favorite school teacher, or a childhood holiday. Reminiscence therapy uses this ability to recall events that happened long ago, even when short term memory is failing. It can also help boost their mood and stimulate wider conversation.

Therapeutic Value
cognitive · emotional · physical (fine motor) · social/individual
WHAT ADVICE DO YOU HAVE FOR YOUR YOUNGER SELF?

NAME SOMETHING THAT MAKES YOU SMILE?

WHAT WAS YOUR FAVORITE HALLOWEEN COSTUME YOU EVER WORE?
Similar to meditation, **Masterpiece** allows you to switch off your brain from other thoughts, which can be very satisfying, calming and relaxing for dementia patients. Patients may also have difficulty sleeping and the calming effects of coloring can help soothe patients before bed. Art therapy and coloring are also great communication tools. According to Dr. Karen Gilbert, Certified Dementia Practitioner, “Art therapy stimulates the brain, providing a form of communication unique to each individual. Communicating through art inspires creativity and personal expression and promotes joy and a sense of accomplishment.”
Fall
**WHAT’S MY LINE?**

What’s My Line? uses common phrases, pairs, book titles and the like to allow the person with dementia to draw from their long-term memory bank. This activity is best enjoyed with someone, but can be done alone. The “lines” are designed to stimulate memories, encourage reminiscing, and spark enjoyable and therapeutic conversation. The categories will cover a wide variety of interests and life experiences. Suggested answers are below, but there are no right or wrong answers. The activity is designed for engagement and enjoyment.

**Therapeutic Value**
cognitive · emotional · physical (fine motor) · social/individual

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**SUGGESTED ANSWERS**

**BREAD AND**

**SUGAR AND**

**JACK AND**

**BONNIE AND**

**SOUP TO**

**DINNER AND A**

**PUMPKIN**

**TRICK OR**

**TURKEY AND**

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**RELAXING BRAIN TIME**
DON’T CRY OVER __________ __________

DON’T ADD INSULT TO __________

LET SLEEPING DOGS __________

THE EARLY BIRD _______ _______ ______

MAKE HAY WHILE _______ _______ ______

A WATCHED POT _______ ______

LOOK BEFORE _______ ______

PRACTICE WHAT _______ ______

DON’T UPSET THE _______ ______
Focusing the mind on a simple, calming activity such as Hollywood Squares has the power to enhance brain activity, encourage positive thinking, and even foster social skills. Therapeutic coloring helps the mind to focus on the moment and promotes mindfulness. It has been proven to reduce stress as well as anxiety and feelings of hopelessness. Coloring is also an excellent activity for enhancing dexterity for dementia patients suffering from the loss of motor skills.

Therapeutic Value
- cognitive
- emotional
- physical (fine motor)
- social/individual

**Discussion Points**
What are your favorite spooky decorations?
What is your favorite cartoon character?
DISCUSSION POINTS
What is your favorite scene from The Wizard of Oz?
Can you name another Judy Garland movie?
Word search is a familiar and popular pastime for many people. It is engaging and offers cognitive challenges with positive and immediate feedback. **Name That Tune** can be done by the patient alone or together with their caregiver. The concentration required and the short-term memory skills used for **Name That Tune** are all beneficial to the patient. The topics of each word search can also be used to retrieve long-term memories and create conversation.

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**Therapeutic Value**
cognitive · emotional · physical (fine motor) · social/individual
NAME THAT TUNE
Word search

Brain Time is included in Alzheimer's Community Care's Caregiver Toolbox

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Brain Time
Challenging

Name that tune
Word search

SUSPICION
SUPERSTITIOUS
MOCKINGBIRD
SUGARTIME

JEZEBEL
CHERISH
GROOVIN
TEQUILA

EVERYBODY
WATERLOO
YESTERDAY
DAYDREAM

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Alzheimer’s disease and related dementias can reduce one’s ability to focus, but games like Concentration can engage the patient in completing a single task. Concentration utilizes vital fine motor skills, numerical recollections, and provides an achievable challenge. Creating something through the puzzle creates a sense of accomplishment that is often lost throughout the progression of the disease.

Therapeutic Value
cognitive · emotional · physical (fine motor) · social/individual
Puzzles exist to be solved, and solving a puzzle is extremely satisfying for a patient living with dementia. The Treasure Hunt maze is a puzzle that has a definite starting and ending point, offering the patient an opportunity to see a goal and reach that goal through a series of steps. This provides valuable mental stimulation. A completed maze can rekindle the satisfaction of a job well done, triggering joy and pleasure for the patient.

**The Treasure Hunt**

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**Solve the maze**

**Therapeutic Value**
cognitive · emotional · physical (fine motor) · social/individual

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**START**

THE COINS LEAD TO THE TREASURE!

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**FINISH**
THE TREASURE HUNT
Solve the maze

START

THE COINS LEAD TO THE TREASURE!

FINISH

CHALLENGING BRAIN TIME
Caregiver Corner

We all need a break sometimes, especially caregivers. Take some time to have a laugh, share a story, and be inspired by the Caregiver Corner.

Quote

“You are braver than you believe, stronger than you seem and smarter than you think.”

— A.A. Milne, author

Caregiver Tip

Laughter is therapeutic for most people. It has also, however, been shown to be beneficial to those with memory loss. One study recently conducted in Australia proves that telling jokes to a loved one can have the same effect of using medication to relieve stress. Laughter can also help you let go of the pressure you’re under as your loved one’s caretaker. So Laugh Out Loud every day!

Jokes

Did you get a haircut?

No, I got them all cut.

Why don’t eggs tell jokes?

Because they crack each other up.

Why did the scarecrow win an award?

Because he was outstanding in his field.

Wanna hear a joke about construction?

I’m still working on it.

I’m so good at sleeping I can do it with my eyes closed.

What do you call an alligator with a vest?

An “in-vest-a-gator”.

It’s the quality of care, not the severity of one’s condition, that determines their quality of life.

ComForCare

Live your best life possible.

We offer services 24-hours a day, 7 days a week including assistance with all activities of daily living.

Nationally Certified Alzheimer’s Educators

Call today (561) 630-1620 in Palm Beach County and (772) 584-2416 on the Treasure Coast

Serving Boca Raton to Vero Beach

Let Our Family Take Care of Your Family

WE WANT TO HEAR FROM YOU

If you have a funny joke, story or inspirational quote to share, send it to info@alzcare.org

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It has been said that quilts are “hugs made from fabrics and threads”. Nowhere is that more evident than with the Shepherd’s Quilt Team of the Our Savior Lutheran Church in Lake Worth. Every Saturday, this dedicated team of quilters gather to stitch together these “hugs” for their neighbors living with dementia. For several years, the ladies have been donating their beautiful hand-made creations to Alzheimer’s Community Care. To date, almost 900 patients and caregivers have been wrapped in their quilts and more keep coming. For the quilters, it truly is a labor of love.

“All I can say is we are a group of seniors that enjoy doing what we’re doing. We consider our work as doing it for our Lord. Our quilts are more than a quilt. They are a gift of love and prayer. They are an affirmation of our faith in God and belief in God’s power to comfort, strengthen and heal.”

– Donna Macha, Shepherds Quilt Team

Nothing is quite as comforting as being wrapped in a quilt made with love. Thank you to the Shepherd’s Quilt Team for bringing HUGS and HOPE with every stitch.
Robert (Bob) Rollins, Jr., CPCU, AAI joined the Board of Directors of Alzheimer’s Community Care in March 2017. His dedication, years of experience in his field, and commitment toward improving the quality of life in our community make him an ideal Board Member for our Organization.

Heralding from South Alabama, Bob began his insurance career in 1969 as an Underwriter with The Aetna Life & Casualty. Today, he is a Principal and President of The Beacon Group, Inc., a full service commercial insurance agency he co-founded in 1979 just two years after relocating to Palm Beach County.

“During the time that I have become familiar with the Organization, I have been impressed with their efficiency and by how much they have grown and accomplished through education and legislation. I am thrilled to be a part of their Board and I am constantly inspired by the manner in which they work with the caregivers and their love for the patients.”

ROBERT K. ROLLINS, JR.
BOARD MEMBER

He serves as a volunteer on the Board of Directors of The Florida Association of Insurance Agents. In addition, he devotes his free time to working with the youth in his community, serving as the Chairman of the Insurance Committee for the Florida Youth Soccer Association for 19 years.

Peter Sachs, Esq., a Shareholder and Board Member of Jones Foster, represents individuals and institutions in the prosecution and defense of complex trust and estate, guardianship, and commercial litigation matters. Mr. Sachs is a Fellow of the American College of Trial Lawyers, a Florida Bar Board Certified Civil Trial and Business Litigation specialist and is certified by the National Board of Trial Advocacy.

Mr. Sachs is consistently recognized as a preeminent attorney in his area of practice by peer-review publications and received The Best Lawyers in America 2020 “Lawyer of the Year” award for Trusts & Estates Litigation in West Palm Beach, an honor conferred upon a single outstanding lawyer for each specialty and location, based upon the highest overall peer feedback. Mr. Sachs has served on the Board of Directors for Alzheimer’s Community Care since 2018.

“My law firm, Jones Foster, has been involved with Alzheimer’s Community Care for many years. My role on the Board of Directors is a part of my firm’s legacy, and I am proud to follow in the footsteps of my former partners, Tim Henry and before him, John McCracken. Alzheimer’s Community Care is a vital institution within our community, and I am proud to be a part of such a compassionate and devoted organization.”

PETER A. SACHS, ESQ.
BOARD MEMBER
In July of 2020 we were contacted by a local foundation and asked to submit the names of seven families we serve who were struggling financially. The Foundation would then choose one family from these seven who would receive a life changing monetary donation. The touching stories ranged from a daughter struggling to keep her mother in a comfortable and safe home, after being furloughed from her job, to a partner dealing with the breadwinner of their family being unable to work after his diagnosis and progression of Alzheimer’s Disease.

The Foundation was so moved by all these submissions, they chose to award all seven families! “Christmas in July” brought hope and made dreams come true for these special families in their time of need.

We were honored to be a part of this with our wonderful caregivers.
Providing Hope through Service

Alzheimer’s Community Care wouldn’t be the same without our amazing community of volunteers. We are fortunate to have organizations that are consistently kind and generous with their time and talents.

Two of those very important organizations are Zeta Phi Beta and Alpha Kappa Alpha Sororities. Both gracefully volunteer in our day centers, including music and art therapy. These wonderful women always brought smiles to the patients’ faces every time they volunteered.

Zeta Phi Beta Sorority
Delta Epsilon Chapter

Zeta Phi Beta Sorority, Inc. was founded January 16, 1920, at Howard University, Washington, D.C. Five coeds envisioned a sorority which would directly affect positive change, chart a course of action for the 1920s and beyond, raise consciousness of their people, encourage the highest standards of scholastic achievement, and foster a greater sense of unity among its members. Delta Epsilon Zeta Chapter is the “Premier” Chapter of the Palm Beaches. They work, give, and sacrifice today, impacting lives not just for tomorrow but for the future.

Alpha Kappa Alpha Sorority
Zeta Tau Omega Chapter

This Chapter was chartered in West Palm Beach on December 10, 1955. Since that time, Zeta Tau Omega has consistently contributed to improving the quality of life for the residents of Palm Beach County. The members of the Zeta Tau Omega Chapter operate in recognition of the collective power of women and are committed to advancing the International Program of Alpha Kappa Alpha Sorority, with “...heightened enthusiasm and incredible passion...,” as is so eloquently stated by the Sorority’s International President, Dr. Glenda Glover.
To All our Friends

We are still committed to serving our families who are living with Alzheimer’s disease or another form of dementia.

We still need YOU. Alzheimer’s disease doesn’t go away because there is a pandemic. Wandering doesn’t stop because the parks are closed. Spouses and children of an Alzheimer’s patient don’t quit needing support because there are social distancing recommendations.

GIVING together follows all the rules and guidelines from the CDC in the middle of COVID-19. If you would like to be a part of the HOPE we are providing to these precious and vulnerable patients in this time of crisis, please visit our website at www.alzcare.org/frontline.

Your support is felt at every level, but you can choose how to help:

- **$26** 50 Disposable Masks
- **$55** Meals for one Day Center Patient (one week)
- **$64** 50 disposable Gowns + 100 disposable Gloves
- **$120** Full day of care for an Alzheimer’s patient

For more information, or to pre-register for our Caregiver Support Groups, please call (561) 683-2700 or visit our website www.alzcare.org/supportgroups

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**FAMILY NURSE CONSULTANTS**

Caregiver Support Groups

**BOCA RATON**
- ANN ROSS ALBERT ALZHEIMER’S CARE & SERVICE CENTER
- ADVENT LUTHERAN CHURCH
- 4680 N. DIXIE HWY.
- BOCA RATON, FL 33431

1st & 3rd Wed.
9:30am - 11:00a

**DELRAY BEACH**
- BETTY KROLL SPECIALIZED ALZHEIMER’S CARE & SERVICE CENTER
- SEACREST PRESBYTERIAN CHURCH
- 2703 SEACREST BLVD. N.
- DELRAY BEACH, FL 33444

1st & 3rd Wed.
2:00pm - 3:30p

**WELLINGTON**
- LEO & ANNE ALBERT ALZHEIMER’S CARE & SERVICE CENTER
- ST. MICHAEL LUTHERAN CHURCH
- 1925 BIRKDALE DR.
- WELLINGTON, FL 33414

1st & 3rd Wed.
1:00pm - 2:30p

**FORT PIERCE**
- LEO & ANNE ALBERT ALZHEIMER’S CARE & SERVICE CENTER
- ALZHEIMER’S COMMUNITY CARE
- 1470 BARACK OBAMA BLVD.
- PAHOKEE, FL 33476

1st & 3rd Wed.
1:00pm - 2:30p

**STUART**
- CHILDREN’S SERVICES COUNCIL
- 101 S.E. CENTRAL PKWY.
- STUART, FL 34994

1st & 3rd Thurs.
10:00am - 1:30p

**PORT ST. LUCIE**
- LEO & ANNE ALBERT ALZHEIMER’S CARE & SERVICE CENTER
- ST. ANDREW LUTHERAN CHURCH
- 295 N.W. PRIMA VISTA BLVD.
- PORT ST. LUCIE, FL 34983

1st & 3rd Thurs.
1:00pm - 2:30p

**LAKE WORTH**
- OUR SAVIOR LUTHERAN CHURCH
- 1616 LAKE AVE.
- LAKE WORTH, FL 33460

1st & 3rd Wed.
1:00pm - 2:30p

**PAHOKEE**
- LEO & ANNE ALBERT ALZHEIMER’S CARE & SERVICE CENTER
- ALZHEIMER’S COMMUNITY CARE
- 1470 BARACK OBAMA BLVD.
- PAHOKEE, FL 33476

1st & 3rd Wed.
1:00pm - 2:30p

**For more information, or to pre-register for our Caregiver Support Groups, please call (561) 683-2700 or visit our website www.alzcare.org/supportgroups**
Since 1996, Alzheimer’s Community Care has been providing services and hope to Alzheimer’s patients and their family caregivers, allowing them to stay safely at home and in the community. If you or someone you know is living with Alzheimer’s disease or any other neurocognitive disorder, please contact us today. Hope is here.

7 Core Services

**SPECIALIZED ADULT DAY CENTERS**
Providing Dementia-Specific Adult Day Services to patients at 11 locations located throughout Palm Beach, Martin and St. Lucie Counties.

**FAMILY NURSE CONSULTANTS**
Providing licensed nurses to help families navigate and manage Alzheimer’s disease.

**ID LOCATOR SERVICES**
Providing ID Locator bracelets, education and resources to help mitigate the risk of wandering episodes in coordination with SafetyNet and Law Enforcement.

**PROFESSIONAL & COMMUNITY EDUCATION**
Providing disease-specific training and guidance to professional and family caregivers coping with Alzheimer’s disease, as well as law enforcement.

**24-HOUR CRISIS LINE**
(800) 394-1771
Connecting families in crisis to a Family Nurse Consultant 24 hours a day, 365 days a year.

**CASE MANAGEMENT**
Assisting families in accessing services and financial resources to care for their loved ones with Alzheimer’s disease.

**ADVOCACY**
Advocating on behalf of Alzheimer’s patients and their family caregivers on the state and local level to ensure the highest quality of care.

**FNCs also run Caregiver Support Groups twice a month at most Specialized Day Center locations.**
For more information, visit [www.alzcare.org/supportgroups](http://www.alzcare.org/supportgroups)

**The ID Locator Service Department offers several safety tools, including a customized Medical ID Bracelet.**
For more information, visit [www.alzcare.org/bracelets](http://www.alzcare.org/bracelets)
Marshalls is proud to support causes that make a difference. For over 40 years, we’ve been dedicated to helping our local communities through in-store fundraising programs, special events, corporate donations and more. We’re proud to help raise funds – and awareness – for various charities that work to improve the lives of others.

We invite you to learn more at marshalls.com/social-responsibility