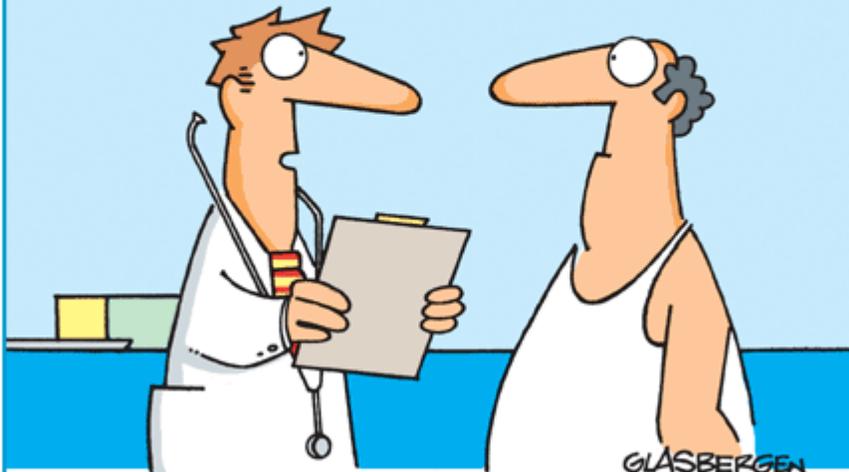


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“The handle on your recliner does not qualify as an exercise machine.”

For exercise options that are convenient, affordable and real, check out your GlobalFit benefit. As the nation’s leading provider of healthy living benefits, GlobalFit offers the lowest fitness club rates plus at-home exercise options. When you’re ready to get off the recliner and get serious about your health, GlobalFit can help. Click [here](#) for more information.

You and Improved

GlobalFit benefits are not offered to the general public or available directly through fitness clubs. These benefits are made possible through the sponsorship of your employer, membership or group. Membership to a club of which you are a current member is not available. Membership also may not be available to a club if you have been a member of that club within the past 12 months. Please visit www.globalfit.com or call 800-294-1500 for more information on memberships and eligibility.

Diocese of Palm Beach employees are eligible for the GlobalFit Fitness Program. GlobalFit is a fitness benefit that allows our employees and their families to join the area’s top-rated health clubs at substantially discounted rates.

GlobalFit offers the following advantages:

- Up to 60% off of regular membership dues
- Month-to-month memberships – no long-term contracts
- Over 1,500 fitness centers to choose from nationwide
- Guest passes available to check out any participating club
- Ability to freeze your membership – up to 6 months per year
- Capability to transfer your membership to any other participating club nationwide
- Travel program lets you work out at 1,500 participating clubs nationwide
- Additional discounts for family members

If you have any questions regarding this great benefit or are interested in joining a health club through GlobalFit, please call GlobalFit's toll-free Health Club Help Line at **1-800-294-1500** or log on to www.globalfit.com. GlobalFit's friendly, fitness representatives can answer questions about locations, hours, and amenities, so you will get exactly what you're looking for without a sales pitch.

To receive the discount, you must enroll directly with GlobalFit and not at the health club facility. You must also mention that you are a Diocese of Palm Beach employee.

Please note that these discounts do not apply to existing health club contracts.

Enjoy!