Diocese of Palm Beach Fitness Champions

	1-Mile Walk	1-Mile Run	Consecutive Pushups	Front Plank	90 Second Pushups	5-Mile Bike	5k	Half Marathon	Full Marathon	Triathlon	
<20											
<20											
20-29											
20-29											
30-39											
30-39											
40-49											
40-49							Kathryn Sullivan				
50-59											
50-59											
60-69											
60-69											
70+											
70+											