

Name: \_\_\_\_\_



## Energy

Answer the following questions after watching the video.

1. What are the 6 forms of energy mentioned in the video:

- a.
- b.
- c.
- d.
- e.
- f.

2. List two different forms of energy and an example of how we use each of them.

- a.
- b.

3. What is potential energy?

---

4. What is kinetic energy?

---

5. List one reason conserving energy is important and why?

---

---